



Spośród odpowiedzi A, B, C, D wybierz te prawidłowe i przenieś na kartę odpowiedzi niebieskim lub czarnym długopisem.

**Reading:**

How is it possible, that in the 21st century people still remind each other about washing hands or the way we should blow our nose or even sneeze? We review the instructions on when and how to do it as if we didn't know. Schools inform us again and again on the consequences of not keeping the highest standards in personal hygiene. As history shows, lack of good habits cost mankind millions of lives, but every time there was an outbreak of a serious disease, people improved their hygienic habits.

In the past the care for health and being clean was quite bad, but the situation started to change with the Industrial Revolution in the 19th century. Smell became an indicator of a person's social position. The nicer the smell the higher the position. Bad smell was reserved for the poor and was part of the city life. Factories produced pollution, the rubbish and leftovers were thrown in the streets, graveyards were full of dead bodies, so the smell was really bad. Therefore bacteria and viruses could easily reach water supplies and cause many diseases. As a result of bad living conditions and lack of hygiene a cholera pandemic killed over one million people in the 19th century.

The rich on the other hand, lived in the suburbs and the good fresh air was there for them. They fought the dirt and pollution in their homes and it was then when rich people started to have a bath regularly. They also used soap to wash hands and clothes, while the poor didn't – their clothes smelled badly. Women were obsessed with their hair, they used eggs instead of shampoo and vinegar for rinsing them. They also cleaned their teeth with a toothbrush and paste. Clean meant healthy, good-mannered and rich.

Nowadays, people in Europe know that to stay healthy, they should wash their bodies, eat well and sleep well. So, do you know how to wash hands? First, wet your hands, take the soap and spread it onto your hands. Scratch the palms with your nails, rub the top side of your hand, then every finger from the bottom to the top, even your wrists. Do it for 30 seconds. At the end dry your hands, rub some antibacterial liquid on them and you're done.

**1. This text is about:**

- A. a pandemic.
- B. cleaning.
- C. hygiene.
- D. a virus.

**2. In the 19th century:**

- A. hygiene improved.
- B. most people used soap.
- C. people smelled bad.
- D. people had regular baths.

**3. How to wash your hands well?**

- A. It's enough to use water and soap.
- B. Soap is not enough to clean hands properly.
- C. Rub the soap into your hands.
- D. You have to wash hands for half an hour.

**4. The use of soap:**

- A. can protect you against bacteria or a virus.
- B. can cause your death.
- C. is good for your health.
- D. can make you rich.

**5. What is not true?**

- A. One can die because of lack of hygiene.
- B. Rich people have always had good hygienic habits.
- C. Women washed their hair with eggs.
- D. There was dirt and pollution in rich people's houses.

**Grammar and vocabulary:**

**6. Which words don't rhyme?**

- A. Bone, gone, none.
- B. Toes, froze, choose.
- C. Bear, clear, wear.
- D. Fur, prefer, four.

**7. Which words are not pronounced the same?**

- A. Pause – paws.
- B. Throne – thrown.
- C. Steal – stale.
- D. Waist – waste.

**8. You ..... your father.**

- A. get on
- B. look after
- C. look for
- D. take after

**9. One should relax before going to bed to .....**

- A. sleep tight.
- B. sleep sound.
- C. be soundly asleep.
- D. sleep soundly.

**10. I'm sure I ..... pass next year's exams.**

- A. might
- B. do
- C. will
- D. can

**11. Cynthia is crazy (1)..... reading, but she's hopeless (2)..... spelling.**

- A. (1) on; (2) at
- B. (1) at; (2) with
- C. (1) about; (2) at
- D. (1) of; (2) about

**12. A form tutor is:**

- A. a person responsible for a group of students.
- B. a teacher.
- C. somebody who prepares official documents.
- D. computer software for creating forms.

**13. Which sentence is correct?**

- A. He never cheated on tests.
- B. He's never cheated on tests.
- C. He never cheats on tests.
- D. He's not cheating on tests.

**14. .... to the party on Friday?**

- A. Do you go ...
- B. Are you going to go ...
- C. Will you go ...
- D. Are you going...

**15. You use paddles for:**

- A. swimming.
- B. skiing.
- C. kayaking.
- D. camping.



Communication:

16.A: Excuse me, do you have these in blue?

B: .....

- A. These are mine, sorry. B. The markers are there. C. Sorry, we're sold out. D. What size are you?

17.A: I've got hay fever.

B: .....

- A. Do you sneeze as well? B. Do you have allergies? C. It's so good to hear that. D. Put a plaster on it.

18.A: Mary, don't stay up late, please!

B: .....

- A. But there's a great movie on TV tonight! B. I'll just finish talking to Judy. C. Ok, mum, I'll be back by 10 p.m. D. You always say that!

19.A: Jill, Hailey called.

B: .....

- A. I'll call her back. B. Which Hailey? C. Thanks, I get the message. D. Did she leave a message?

20.A: I am so stressed out!

B: .....

- A. I'm so happy for you. B. Poor you. C. I'm keeping my fingers crossed for the results. D. That's good news.

21.A: Do you fancy coming to the party this weekend?

B: .....

- A. Sorry, I can't stand fancy dress parties. B. I would love to do this! C. That'd be great! D. It seems right.

22.A: I'm afraid I'll have to buy you a new skirt. This one is torn.

B: .....

- A. You promised to take care of it well. B. How could I believe you? C. You can't buy it, I've sewn it myself. D. All my work for nothing.

23.A: My stomach hurts so badly!

B: .....

- A. You should have a test on parasites. B. You have to give it up. C. I can't stand it. D. A painkiller might help.

24. A: Oh no, my mobile has died!

B: .....

- A. You can top it up at school, there's a free Wi-Fi. B. Why didn't you put the money on it yesterday? C. Use my charger then. D. I can lend you mine.

25.A: Dad, I got a one from Physics.

B: .....

- A. I just don't get it. B. Can you help me? C. I can give you a hand, if you want. D. Oh, I see.

Culture:

26. Which Irish actor got an Oscar this year?

- A. Colin Farrell. B. Jack Gleeson. C. Pierce Brosnan. D. Saoirse Ronan.

27. What's "an Irish stew"? It's a traditional Irish:

- A. dish. B. costume. C. dance. D. instrument.

28. The longest river in Ireland is:

- A. Carrantuohill. B. The Danube. C. Shannon. D. The Thames.

29. Which sentence is true?

- A. The head of Ireland is the Prime Minister. B. There are four counties in the Republic of Ireland. C. Ireland borders the UK. D. The Dark Hedges aren't in the Republic of Ireland.

30. What's "Claddagh ring"?

- A. It's an ancient stone ring near Cork. B. It's an Irish symbol of friendship. C. It's an Irish symbol of love. D. It's a common name for Dublin.